Tabatha DeBruyn

Availability not set yet.

Appearances on record

- Your Mind Isn't the Problem — Your Nervous System Is | Tabatha DeBruyn, Mindset Mastery Moments with Dr. Alisa Whyte, Oct 21, 2026 (Feed-stated)
- How Breathwork Resets a Stressed Nervous System, The Motherhood Mentor, Apr 7, 2026 (Feed-stated)
- 48| Why You Can't Think Your Way Out of Burnout: The Power of 9D Breathwork, The Wild Woman Within: Recover from Burnout & Achieve True Work-Life Balance Through Feminine Energy, Mar 3, 2026 (Feed-stated)

Appearances are Verified or Feed-stated credits from each show's own feed. Inferred credits are never listed.

Book or pitch

Book on PodSubs: https://podsubs.com/in/tabatha-debruyn/one-sheet