Sonia Jenkins

Availability not set yet.

Appearances on record

- How to Get a Good Night's Sleep as a Midlife Woman with Guest Sonia Jenkins, Midlife Unlimited, Sep 10, 2026 (Feed-stated)

Appearances are Verified or Feed-stated credits from each show's own feed. Inferred credits are never listed.

Book or pitch

Book on PodSubs: https://podsubs.com/in/sonia-jenkins/one-sheet