# Paula Y.

Availability not set yet.

## Appearances on record

- Premature Menopause, High-Risk Pregnancy, and Fighting Maternal Stigma: Paula's Story, Quiet Connection - Perinatal Mental Health, Sep 7, 2026 (Feed-stated)

Appearances are Verified or Feed-stated credits from each show's own feed. Inferred credits are never listed.

## Book or pitch

Book on PodSubs: https://podsubs.com/in/paula-y/one-sheet