# Mary Theisen-Lappen

Availability not set yet.

## Appearances on record

- Mary Theisen-Lappen: Olympic Weightlifting, Body Confidence & Redefining Strong, My Fit Tribe, Nov 19, 2025 (Feed-stated)

Appearances are Verified or Feed-stated credits from each show's own feed. Inferred credits are never listed.

## Book or pitch

Book on PodSubs: https://podsubs.com/in/mary-theisen-lappen/one-sheet