JJ Flizanes

Availability not set yet.

Appearances on record

- Abandoned, Devalued, Controlled: Naming the Wound That Runs Your Life — with JJ Flizanes, Chat Off The Mat - For Women Ready To Rise, Jul 20, 2026 (Feed-stated)
- Emotional Awareness + Resilience with JJ Flizanes (part 2), Reignite Resilience, Nov 7, 2024 (Feed-stated)
- Finding Balance in Life's Essentials + Resiliency with JJ Flizanes (Part 1), Reignite Resilience, Nov 4, 2024 (Feed-stated)

Appearances are Verified or Feed-stated credits from each show's own feed. Inferred credits are never listed.

Book or pitch

Book on PodSubs: https://podsubs.com/in/jj-flizanes-3/one-sheet