Gary Soffer

Availability not set yet.

Appearances on record

- #57 Rethinking Health in the New Year: Dr. Gary Soffer on Integrative Medicine, Don't Feed the Fear: Allergy Anxiety & Trauma, Jan 6, 2026 (Feed-stated)
- Bonus Pranayama (4-7-8 Breathing) led by Dr. Gary Soffer, Don't Feed the Fear: Allergy Anxiety & Trauma, Jan 6, 2026 (Feed-stated)

Appearances are Verified or Feed-stated credits from each show's own feed. Inferred credits are never listed.

Book or pitch

Book on PodSubs: https://podsubs.com/in/gary-soffer/one-sheet