Christina Krigolson

Availability not set yet.

Appearances on record

- Ep. 96 - Jumping with Confidence & Stability in the Center as an Adult Dancer with Christina Krigolson (Part 2), After Class: The Adult Ballet Podcast, Jan 14, 2026 (Feed-stated)
- Ep. 95 - Building Jumps That Feel Strong, Stable & Light as an Adult Dancer with Christina Krigolson (Part 1), After Class: The Adult Ballet Podcast, Jan 7, 2026 (Feed-stated)

Appearances are Verified or Feed-stated credits from each show's own feed. Inferred credits are never listed.

Book or pitch

Book on PodSubs: https://podsubs.com/in/christina-krigolson/one-sheet