# Allie Christensen

Availability not set yet.

## Appearances on record

- Ep. 82 - Making Sense of Ballet Corrections & Cues with Allie Christensen of Align Fitness, After Class: The Adult Ballet Podcast, Oct 8, 2025 (Feed-stated)
- Ep. 62 - Adult Ballet Intensives: Preparing Your Body to Thrive, Before, During & After, with Allie Christensen, After Class: The Adult Ballet Podcast, May 5, 2025 (Feed-stated)
- Ep. 50 - How to Train for Strength & Longevity as an Adult Dancer, with Allie Christensen, After Class: The Adult Ballet Podcast, Feb 10, 2025 (Feed-stated)

Appearances are Verified or Feed-stated credits from each show's own feed. Inferred credits are never listed.

## Book or pitch

Book on PodSubs: https://podsubs.com/in/allie-christensen/one-sheet