Alexandra DeSiato

Availability not set yet.

Appearances on record

- 94. Readings from Yoga Off the Mat: Joy, Comparison, and the Fear of the Unknown, Yoga Teacher Confidential: Secrets of Becoming a Great Yoga Teacher, Jul 14, 2026 (Feed-stated)
- 93. Yoga Off the Mat—Philosophy for the Rest of Your Life (with Alexandra DeSiato), Yoga Teacher Confidential: Secrets of Becoming a Great Yoga Teacher, Jul 7, 2026 (Feed-stated)

Appearances are Verified or Feed-stated credits from each show's own feed. Inferred credits are never listed.

Book or pitch

Book on PodSubs: https://podsubs.com/in/alexandra-desiato/one-sheet